



EMMA'S GOLD AWARD



# Do You Have Extra Music Books?

**Donate them to Baldwinsville Central School Districts Music Library!!**

Music provides a multitude of positive benefits for people of all ages. The music library takes old music books provides would be otherwise thrown away and repurposes them. It provides students in Orchestra, Chorus, and Band the necessary supplies without the expensive costs.

## Benefits of Music For Young Children Music:

- Aids in brain development
- Fosters secure relationships
- Enhances learning and recall
- Reduces stress and anxiety
- Creates joy and delight
- Helps children learn numeracy, literacy and emotional skills
- In the early years, it gets them moving, thinking, and inspires creativity

## Benefits of Music For School Age:

- Helps with personal growth
- Get the child involved and a part of a community
- Benefits your brain with improving math and reading
- Helps with preventing anxiety and depression
- Helps with memory
- Creates connections

**Music can be dropped off at the Baldwinsville Central School District Office**

Work Cited:

<https://www.theteenmagazine.com/5-benefits-of-playing-a-musical-instrument-in-high-school>  
<https://www.mightymoms.club/preschoolers/benefits-of-music/>